

A photograph of a person meditating with their hands in a prayer position (Anjali Mudra) on a wooden table. The person is wearing a white long-sleeved shirt. The scene is dimly lit, with a glass of water on the left. The word "Meditation" is written in a white, cursive font across the center of the image, underlined.

# Meditation

*Peace*

**Matthew 10:11-14**

**<sup>11</sup>“Now whatever city or town you enter, inquire who in it is worthy, and stay there till you go out. <sup>12</sup>And when you go into a household, greet it. <sup>13</sup>If the household is worthy, let your peace come upon it. But if it is not worthy, let your peace return to you. <sup>14</sup>And whoever will not receive you nor hear your words, when you depart from that house or city, shake off the dust from your feet.**

**Matthew 10:11-14 (NKJV)**

**<sup>13</sup>If the household is worthy, let your peace come upon it. But if it is not worthy, let your peace return to you.**

**Matthew 10:13 (NKJV)**