



Fasting

Fasting Covenant

Contract or Covenant:

- Time and duration**
- What you're doing (giving up)**
 - How to handle a mistake**
 - Severity depending on need**
- Expected answer or outcome**
 - Why fast**

Fasting Covenant

I Corinthians 9:24-27 KJV

²⁴Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.

²⁵And every man that striveth for the mastery is temperate in all things.

Now they do it to obtain a corruptible crown; but we an incorruptible.

²⁶I therefore so run, not as uncertainly; so fight I, not as one that beateth the air:

²⁷But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

1 Corinthians 9:24-27 (KJV)