

A vibrant sunset scene with a bright sun low on the horizon, casting long, golden rays across a sky filled with soft, wispy clouds. The colors transition from deep orange near the horizon to a clear, light blue at the top.

Disciples' Fast

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Isaiah 58:6-9

Matthew 17:18-21

Matthew 6:17-18

¹⁸And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour.

¹⁹Then the disciples came to Jesus privately and said, “Why could we not cast it out?”

²⁰So Jesus said to them, “Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you. ²¹However, this kind does not go out except by prayer and fasting.”

Matthew 17:18-21 (NKJV)

⁶“Is this not the fast that I have chosen:

To loose the bonds of wickedness,

To undo the heavy burdens,

To let the oppressed go free,

And that you break every yoke?

⁷Is it not to share your bread with the hungry,

And that you bring to your house the poor who are cast out;

When you see the naked, that you cover him,

And not hide yourself from your own flesh?

⁸Then your light shall break forth like the morning,

Your healing shall spring forth speedily,

And your righteousness shall go before you;

The glory of the LORD shall be your rear guard.

⁹Then you shall call, and the LORD will answer;

You shall cry, and He will say, ‘Here I am.’

“If you take away the yoke from your midst,

The pointing of the finger, and speaking wickedness,

Isaiah 58:6-9 (NKJV)

¹⁷But you, when you fast, anoint your head and wash your face, ¹⁸so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Matthew 6:17-18 (NKJV)

Fasting

Disciples': free from addictions and negatives habits, Matthew 17:21

Ezra: Solving Complex problems Ezra 8:21

Samuel: Revival, I Samuel 7:6

Elijah: Overcoming negative emotions, I Kings 19:4

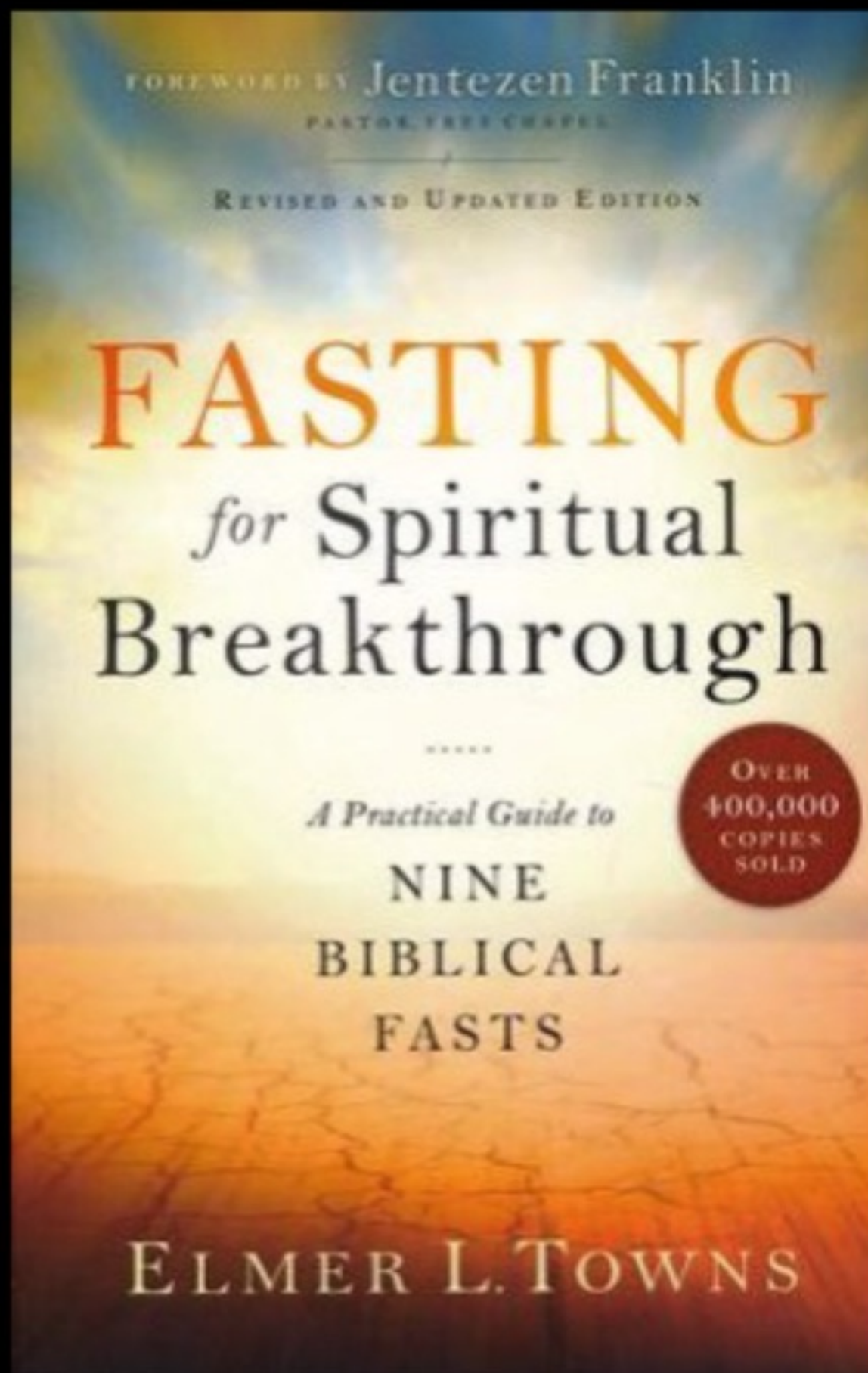
Paul: seeking clarity in life-changing decisions, John 9:9

Widow's: humanitarian needs, I Kings 17

Daniel: physical health and healing, Daniel 1

John the Baptist: Reputation for holiness, I Kings 1:15

Esther: Devine protection, Esther 4:16



Learn more about fasting by reading
Fasting for Spiritual Breakthrough
by Elmer L. Towns.
See Laurie if you would like to
order a copy.